

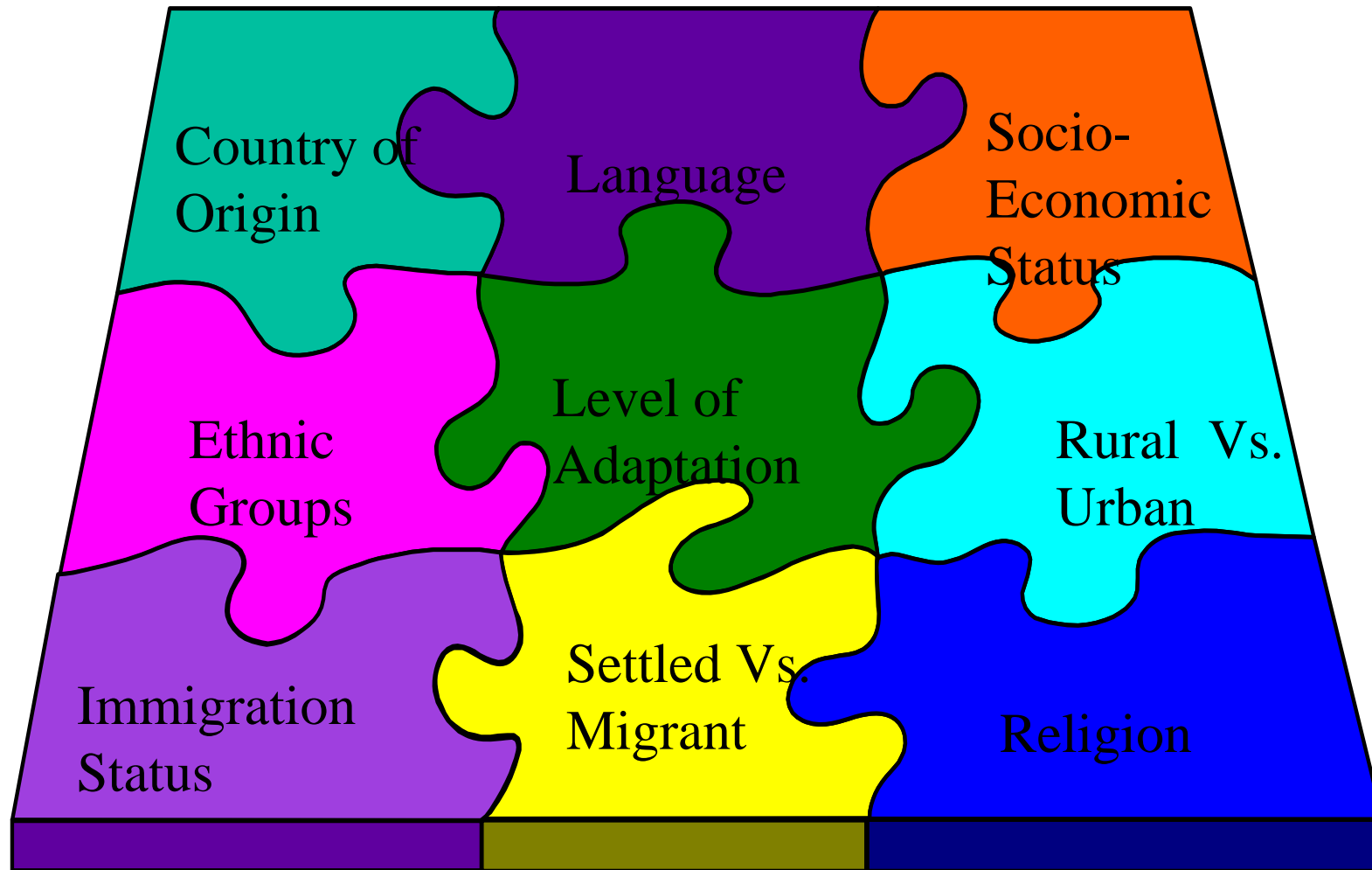
KEYS TO ENGAGEMENT: LATINO CORE VALUES

by
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Diversity within the Latino Cultures



Engagement =

- .respect to personal values
- .empathy to core issues



Why Core Values?

- Values talk about what is important to us.
- Relationships that “work well together” share common values.
- The most important element in therapy is a well-established therapeutic relationship.
- Values are manifested through specific behaviors
- Values and its behavioral expectations are socially constructed
- The more we understand and value the core values of families of Latino origin, more effective we can be.

CORE VALUES

➤ PERSONALISMO

I need personal contact.....I need to keep my distance

➤ FAMILIARISMO

I am my familyI am my self

➤ RESPETO

I respect my elders.....I respect myself

➤ MACHISMO/MARIANISMO

Women and men have different roles and responsibilities...Gender equality

➤ SIMPATIA

Conflicts are signs of disrespect, I avoid them.....Conflicts talk about different points of view, I can talk about them and find resolutions

➤ TENER FE

My life is in the hands of God/Spirit/Spirits.....I believe in god, I am a agent of my own life

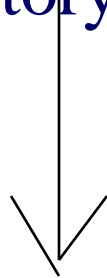
PERSONALISMO

Orientation toward the personal, needing to make a connection with someone through genuine, personal sharing.

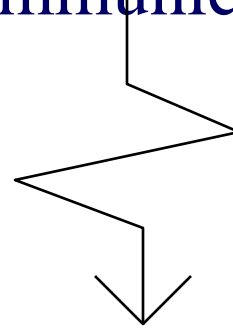
- In your professional role, how do you communicate with Latino clients in a way that incorporates the concept of personalismo?

Personalismo

- Incorporate greeting traditions
- Allow time and space for “platicas”.
- Culturally relevant information
- Therapist self-disclosure
- Anticipate story-telling communication style.



Lineal



Story-telling

FAMILIARISMO

A duty to preserve the honor of the family since identity is closely defined by one's family as opposed to one's individual self; also the idea that the extended family is the primary source of support.

In your professional role, how do you incorporate familiarismo in your work?

RESPE TO

Dictates the appropriate deferential behavior toward others based on age, gender, and social or economic status.

How does one take into consideration respeto in communicating with clients of Latino Origin?

MACHISMO

The belief that the male is the dominant figure of authority, the responsible for providing the basic needs of the entire family (shelter, food, protection, etc).

How does machismo affect the way in which you would relate with clients? What advice would you give to a coworker working with Hispanics who refuses to acknowledge machismo because he/she is personally opposed to the value?

MARIANISMO

The belief that females must provide the emotional and spiritual needs of the family and to endure suffering, be submissive, dependent, obedient and remain a virgin until marriage.

How could someone in your professional role work with this value in a culturally compatible way when working with a man, a woman or a family?

SIMPATIA

The tendency to relate with others in a smooth, agreeable and conflict-free manner.

What do you do in your professional role to make sure you understand the true ideas and feelings of your clients while at the same time respecting simpatia?

TENER FE

The belief that God completely directs our destiny and that we are powerless to intervene.

- How do you assist your client in becoming involved in personal healing given the belief of tener fe?
- What spiritual beliefs related to emotional or mental health services have you encountered in your work with Latinos?
- How do you respect your client's healing beliefs and practices when providing mental health services?

Immigration Issues

- INVISIBLE FAMILIES SYNDROME
- COLLECTIVE FEAR
 - INS threat may prevent families from disclosing and/or seeking help.
- COLLECTIVE TRAUMAS and GRIEF