



Experiential Learning

4-H members learn and retain more when they are doing an activity. You can help members learn more by asking them simple questions about the activity. Combining activities with questions is called *experiential learning*.

The three steps to experiential learning are: Explore, Reflect, Apply.

Explore

Youth “explore” when they **do** an activity.

Reflect

Youth “reflect” when they think about an activity. Ask questions, such as:

Why did you like this activity?

What was the most fun part of the activity?

Why is it important to know about _____?

What was the most challenging part of the activity?

Apply

Youth can “apply” what they have learned to everyday life. Ask questions, such as:

What did you learn about working with others from this activity?

What would you do differently next time you do this activity?

What did you learn about _____ that will help you in the future?

What will you remember the next time when you _____?

