

# Pathways to Possibilities

OREGON 4-H YOUTH DEVELOPMENT PROGRAMS

Oregon 4-H Newsletter ~ January 2008

## AG IN THE CLASSROOM

### January 2008 Calendar Picture

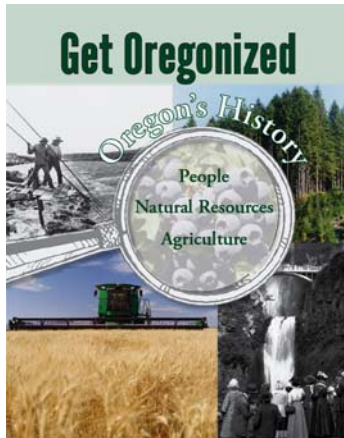


Abby W. ♦ Grade 5, Redland Elementary, Oregon City ♦ Teacher: Mrs. McKenzie

You will find daily agricultural facts with student artwork on our website at <http://AITC.oregonstate.edu>. The following are a few January 2008 Calendar Facts:

- ♦ January is Oatmeal Month.
- ♦ January is National Hot Tea Month.
- ♦ January is National Soup Month.
- ♦ January is National High-Tech Month.
- ♦ Colonists in Boston began drinking tea around 1670.
- ♦ Watermelons must be harvested by hand.

- ◆ Oatmeal cookies are the number one use of oatmeal.
- ◆ Cereal is the number two use of oatmeal.
- ◆ The most popular oatmeal topping is milk.



### Get Oregonized – Revised Edition Available

This new edition features revised text, new sections on berries, hazelnuts and forestry, updated graphics as well as a full color cover and scenic photos. 5,000 copies of *Get Oregonized* were printed and are available now along with a new Get Oregonized Teacher's Guide. One Teacher's Guide is free with the purchase of a classroom set of student books. Visit the AITC website for more information. <http://AITC.oregonstate.edu>

### Calendar Contest

Don't miss the opportunity to enter your students artwork in this year's AITC Calendar Contest! Every student that submits artwork receives a personalized certificate of participation and 13 students will be chosen for the 2008-09 school year calendar. These winning artists will receive a \$50 savings bond to be awarded during a reception held at the Oregon State Fair. An additional 40 honorable mentions will be selected and posted on the AITC website. Deadline for entry is May 15, 2008. Find more information on the AITC website, <http://AITC.oregonstate.edu>.

~ Tami Kerr, Executive Director (541) 737-8629

## CAMP

### Operation Purple Camps

Once again Oregon 4-H will be partnering with National Military Family Association to offer camps to children of ALL Military Families. This year four six-day camps will be held for differing age groups, in either Redmond or Salem. Please see attached "Save the Date" flyer for dates. We will be looking for the "cream of the crop" camp counselors to work one, two, three or all four weeks. Interested teens should contact Ethan Erickson "Tsuga" at [ethan\\_erickson@hotmail.com](mailto:ethan_erickson@hotmail.com) ASAP!

~ Joan Engeldinger

## CITIZENSHIP

### **The Media & Know Your Government (KYG)**

*How does the media impact public policy making at local, state and national levels? Do we analyze what we see and hear in the local and national media? How does the media impact candidates, campaigns and political messages?*

Join teens from many counties in Oregon, March 27 – 29, 2008 to learn how the media influences our civic involvement. The program will take place in Salem at the Phoenix Grand Hotel and Capitol Building.

The teen Planning Team has proposed a fun and interactive KYG program. The KYG program is designed for teens in grades 9-12 (8<sup>th</sup> graders are welcome with consent of County 4-H Agent. Four-H members, their friends, and other interested teens are invited to attend Oregon's *Know Your State Government* program.

Educational goals for participants in *Know Your Government* program include:

- Understanding how local, state and national government works.
- Applying skills for civic engagement.
- Exploring and debating issues.
- Having fun, new experiences in a safe environment.

Event registration forms are due in the State 4-H Office no later than Friday, March 7 (to guarantee lodging arrangements). The registration fee is \$140 for all youth or adult participants. Fee includes: all program materials, lodging (4 teens per room), breakfast each morning, dinner Thursday evening, entertainment Friday evening, snacks, and lunch on Saturday. Watch for registration materials on the State 4-H website.

The newest teen members of the KYG Planning Team are: **Erica Anderson, Yamhill Co., Mandara Matson-Bell, Lane Co., Emilie Boatner, Marion Co., Jesse Peters, Polk Co., and Jacob Shockey, Jackson Co.** Returning teen Planning Team members are: **Jonathon Brink-Roby, Benton Co., Anna Smith, Polk Co., and Lisa Wade, Wheeler Co.** Adult members on the Planning Team are: **Marilyn Lesmeister and Sara Miller, State 4-H Office, Cindy Osterlund, Gilliam Co., David White, Deschutes Co., and Freeman York, Crook County.**

~ Marilyn Lesmeister

## EVALUATIONS

### National 4-H Study of Positive Youth Development

Oregon 4-H is partnering with National 4-H Council and Tufts University to participate in the National 4-H Study of Positive Youth Development. The study is entering its 6<sup>th</sup> year, and early results are indicating that 4-H does a particularly good job of helping youth develop into healthy and contributing citizens. To date, the study does not include any 4-H youth from Oregon, but we would like to change that!!!

This year, the study will look primarily at youth who are in the 10<sup>th</sup> grade- but we can also include 8<sup>th</sup> and 9<sup>th</sup> graders as well. In January, parents of 4-H members in this age group will receive an invitation to participate in the study and parental consent form. This consent needs to be signed and returned to the State 4-H office. Once consent is received, county 4-H agents will work with the youth to set up a time to complete the survey.

A word about the survey: because of the complex nature and national scope of the study, the survey is quite long (36 pages). It will take youth about 90 minutes to complete. The study is trying to establish the impact of 4-H on positive youth behavior, but in order to do so, it needs to ask about risk behaviors as well (such as substance use and sexual behavior). We want to be sure that parents and youth understand the complete nature of the survey. Please know that these types of questions are very common in the world of adolescent research and that this survey has been used with thousands of youth without any problems.

We are excited to have Oregon represented in the study! Please look for the study information in early January and mail parent consent forms back as soon as possible. We would like to receive all signed consent forms by January 30<sup>th</sup>.

Questions about the study can be directed to Mary Arnold, 4-H Youth Development Specialist (541) 737-1315 or Roger Rennekamp, State 4-H Program Leader (541) 737-1737.

## OLDER YOUTH

### A Taste of College

This exciting program for high school students is available once again this summer from June 24 to July 4\*. Students live on the Oregon State University campus, explore college disciplines, and learn college academic and survival skills. Critical thinking, learning styles, career investigation, college writing, personal growth, and study skills are emphasized. Students earn two college credits. The program fee is \$990 and registration starts March 17, 2008. For more information go to the program website at <http://p12.ecampus.oregonstate.edu/atoc/>. \*Please note dates conflict with 4-H Summer Conference at OSU

## OPERATION MILITARY KIDS

### OMK Coming to OREGON

Oregon 4-H Youth Development has applied to become one of the newest **Operation: Military Kids** states! The Office of the Secretary of Defense has provided funding to the 4-H Army Youth Development Project to strengthen and expand Operation: Military Kids programs and services to military youth in 15 more states to bring the total of OMK states to 42.

The goals of OMK are to educate citizens on the impact of deployments on youth, families, and communities, and to provide educational and support programs for children and youth of military personnel. Oregon 4-H will be working with Oregon National Guard, Oregon Army Reserves, Oregon Air Guard, Red Cross, OregonASK, Oregon Department of Education, and other collaborators.

Our goals for 2008 include:

1. Establishing our State OMK Team.
2. Educating our communities in understanding military culture and deployment.
3. Providing educational programs for military youth.
4. Implementing Speaking Out for Military Kids.
5. Implementing a babysitting program.
6. Establish and use our new Mobile Technology Lab.

Joan Engeldinger will be providing leadership to the new OMK program in Oregon. Plans have been submitted to provide four weeks of Operation Purple Camps this summer for the children of our deployed military personnel. More information about this exciting new program will be available in the coming months. Call or email Joan with your questions: 503-260-4053 or [joan.engeldinger@oregonstate.edu](mailto:joan.engeldinger@oregonstate.edu)

## OREGON OUTREACH

### Mike Knutz and Elena Peña Recognized

Mike Knutz and Elena Peña were presented with the Vice Provost & Directors' Award for Outstanding Achievement, Diversity, at the recent OSU Outreach and Extension Conference. Working as a team, they have made significant contributions in increasing access to 4-H for Latino youth in Polk County. Additionally, they both have contributed to helping build the knowledge base of other staff and faculty as regards successful outreach practice. Elena was also recognized by OSUEA with a Program Assistant Award. Congratulations to them both!

~ Beverly Hobbs

## PUBLICATIONS

4-H Dairy Goat Crossword Puzzle (4-H 1122) has been updated and is now available only online

Oregon 4-H Sewing/Clothing Advancement Guide (4-H 92104R) has been revised and is available for \$3.50

Bienvenidos a 4-H (DVD 4) is now in DVD format. This piece provides a Spanish-language overview of the 4-H program and focuses on the role of adult volunteers and how 4-H supports the values of many Latino communities. Closed captions in English. (Also available in video). \$19.95

The above materials can be ordered (or downloaded if available online) at the EESC publications website: <http://extension.oregonstate.edu/catalog/orderinfo.php>

~ Helen Pease

## RECOGNITION

### Beekeeping Essays Due February 1<sup>st</sup>

The 4-H Beekeeping Essay is a great opportunity for 4-H members to research and write about honey bees. Cash prizes of \$250, \$100 and \$50 will be awarded to the 3 top national winners. The 2007 National winner was Kelton Shockey, from Jackson County, Oregon.

Not only do 4-H members have an opportunity to earn a cash prize, they can also use the information they gather to make an educational display or presentation for the fair. The 2008 essay topic is "The Results of Honey Bee Pollination in My Community". Essay contestants are not required to be enrolled in a 4-H beekeeping project. For more essay contest information, (or to read Kelton's award winning essay) please check the American Beekeeping Federation website <http://www.abfnet.org/> Detailed contest rules can be found on our 4-H website. Essays are due in the State 4-H office by Friday, February 1<sup>st</sup>.



~ Helen Pease

## Fundraising Efforts For 2008 National 4-H Congress Are Underway!

Many Congress delegates describe attending this event as the highlight of their 4-H career. Unfortunately, over the past few years, the number of Oregon delegates we have been able to send to National 4-H Congress has decreased dramatically. In 2004 we sent a group of 27 youth; in 2007 we could afford to send only 12.

The cost of sending a youth delegate to 2007 Congress was over \$1600; this cost continues to increase every year. Please keep National 4-H Congress in mind when sending out newsletters, discussing Leader's Association budgets, or if you are contacted by a private donor. We are hoping to send a delegation of at least 20 youth in 2008; so our **fundraising goal is \$32,000. To date, we have raised \$5500.** Please help keep alive the tradition of giving our outstanding Oregon youth this wonderful opportunity in 2008! Donate today with the attached pledge sheet!



## SCHOLARSHIPS

### Changes to State 4-H Scholarship and State Fair Scholarship applications

**ALL State 4-H scholarship, State Fair Scholarship and Congress nomination forms and applications are due in the State 4-H office by March 1, 2008.**

#### Changes to State 4-H Scholarship applications:

The major State 4-H scholarship change made for 2008 is that the State 4-H resume is no longer required for applying for a State 4-H scholarship. Instead, we are requesting that members submit:

- A two page essay describing their growth in 4-H, with an emphasis on how 4-H has contributed to the development of their sense of **Competence, Confidence, Connection, Character, Caring and Compassion**

#### **AND**

- A single page highlighting activities in their 4-H career. This can include a description of projects, programs they were involved with, community service activities or other 4-H events. Format can be written or in photos, drawings and other creative endeavors. The goal is for the 4-H member to represent his or herself and what they have learned and accomplished in 4-H.

Scholarship application form with instructions can be downloaded from the State 4-H website (<http://oregon.4h.oregonstate.edu/programs/recognition/ScholarshipApplicationForm08.pdf> ). Please make sure that your members apply **ONLY** for scholarships they are qualified for.

The county nomination form for State 4-H scholarships has been revised, and **no longer limits** the number of county applicants per State 4-H scholarship. There is a space on the nomination form <http://oregon.4h.oregonstate.edu/programs/recognition/NewCountySubmissionForm08.pdf> for you to make any pertinent comments about the applicants.

**Changes to State Fair 4-H Scholarship applications:**

State Fair 4-H Scholarship applications are due in the State 4-H office **March 1**. Minor changes in wording have been made to the State Fair scholarship application, but the process is essentially the same as it was in 2007. The **application requires a brief essay, summaries of fair participation and two letters of recommendation.**

The applications should be submitted to the county Extension office and then forwarded to the State 4-H office. Application form with instructions can be downloaded from the State 4-H website (<http://oregon.4h.oregonstate.edu/programs/recognition/SFScholarshipApplication2008.pdf> ).

~ Helen Pease

## 4-H SUMMER CONFERENCE AT OSU

June 25 – June 28, 2008

### Summer Conference t-shirt Design Contest

We will be announcing the rules and deadline for the Summer Conference t-shirt design contest in early January, so please keep an eye out for that email and encourage your members to check the Summer Conference section of our website. Design entries will be due March 1, 2008. The selected winner of the contest will receive \$100 scholarship to attend 2008 Summer Conference.

### Summer Conference Class Instructors Needed!!!!

Got some great ideas or activities you would like to introduce at Summer Conference? Please help us offer a huge variety of fun and interesting classes....the youth and chaperones really appreciate having new workshops to choose from each year. If you, your leaders, chaperones or older youth are interested in teaching a 90 minute to half day workshop on June 26 or June 27 please complete the attached interest form and submit it to Helen Pease ASAP.

We look forward to seeing you in June!!!!!!

~ Helen Pease and Roberta Lundeberg

## VOLUNTEER DEVELOPMENT

### **Oregon 4-H Leaders' Association Invites Your Participation April 11-12, 2008**

Polk County is hosting the Oregon 4-H Leaders Forum, April 11-12 at the Dallas High School in Dallas, OR. Polk County volunteers are working with surrounding counties, the Oregon Leaders' Association and the State 4-H Office to bring you a great learning experience for adult and teen 4-H volunteers.

The Oregon 4-H Leaders' Association invites every county to bring a contribution to the Silent Auction and Door Prize table. Items can be delivered to the Registration Table on Friday, April 11. Proceeds will be donated to a regional food pantry and support 4-H scholarships. Non-perishable food item donations for the regional food pantry will be collected at the Registration Table.

Deadline for all Workshop Proposal Forms is January 15, 2008. Workshop subjects may vary from project ideas to leadership development. Teen 4-H members may also teach a workshop in their area of expertise. Locations for workshops may be inside in a classroom setting, outside in a field or in a fenced arena. The proposal form is found on the state 4-H website at:

[http://oregon.4h.oregonstate.edu/people/volunteers/forum\\_or\\_leaders.html](http://oregon.4h.oregonstate.edu/people/volunteers/forum_or_leaders.html)

Workshops will be selected shortly after the deadline and the information packets about the workshops and events for the Forum will then be sent to the counties. If you have questions please call Mona Easley at 541-737-1327.

~ *Mona Easley*

### **WRLF, March 2008**

STAMPEDE TO IDAHO! The Western Region 4-H Leader's Forum will be held at Boise, ID, March 6-9, 2008. You can enjoy a Taste of Idaho, learn during 75 workshops, exchange ideas at the Share Fair, and participate in a Variety Show!

To learn more about the WRLF workshops, speakers, networking and fun, go to the website: [www.4h.uidaho.edu](http://www.4h.uidaho.edu)

The registration fee is \$240 until January 15, 2008. Sign up today and join Oregon friends "stampede" to Idaho!

The Doubletree Riverside Hotel is the conference site. Call 208-343-1871 to make reservations (\$99 per room for single or double occupancy) under the "4-H Leader Forum" block of rooms. Call by Feb. 1, 2008.

~ *Marilyn Lesmeister*

## WORLD CITIZENSHIP

### Summer 2008 Inbound Programs

#### *Japan:*

- Delegates will arrive in Oregon on **Thursday, July 24**
- LEX and LABO delegates will travel to host families on **Friday, July 25**
- UTREK Camp will be **July 25-28 at the 4-H Center near Salem**
- UTREK delegates will travel to host families on **Monday, July 28**
- ALL delegates will return to Corvallis on **Thursday, August 21**
- Delegates will return to Japan on **Friday, August 22**

#### *Finland and Costa Rica:*

- There will be potential hosting opportunities for Oregon families from mid-June to mid-July with delegates from Finland and Costa Rica.
- Complete details are on the 4-H web site at <http://Oregon.4H.oregonstate.edu>.
- For both countries delegates will be matched with host families nationally (there are a limited number of delegates coming from each country).
- Interested host families need to have all of the application materials completed and sent to the State 4-H Office by February 1, 2008.

### Oregon 4-H International Exchange Programs Coordinator Training

- This training is scheduled for **Friday, March 14—Saturday, March 15, 2008**.
- The training will be held in the mid-Willamette Valley
- All volunteer coordinators are encouraged to attend
- All 4-H faculty/staff working with international programs are invited to attend
- Complete details will be available in early-January

### 2008-2009 High School Exchange Delegates

- The only high school exchange delegates that Oregon will be hosting during the 2008-2009 school year are docking students (delegates that were in Oregon on the summer exchange program).

### State Orientation for Outbound Delegates (ALL countries)

- The State Orientation for all outbound delegates will be held **Saturday, April 5, 2008 in Prineville**.
- All outbound delegates and at least one parent are required to attend this training.
- Complete details will be available in early March.

### Exciting Opportunities in 2008—Outbound 4-H Exchange Programs

Oregon 4-H will be offering outbound 4-H exchange programs to the following countries during the summer of 2008: **Australia, Costa Rica, Finland, Japan, and Norway**. All of the exchanges are approximately 4 weeks in length (Japan has both a 4-week and an 8-week program), and are chaperoned experiences that involve a host family stay while in the country.

Complete details are available on the Oregon 4-H web site: <http://Oregon.4H.oregonstate.edu>. Click on the 4-H World Citizenship icon located toward the bottom of the page. **Some of the information reflects slight changes in the program, so be sure to look again at the information (e.g. the age for the Norway program is 16-19). The website also contains information about scholarships for outbound delegates!!**

### **Potential Oregon Delegates-4-H International Exchange Ambassador Programs**

As of last week, Oregon has **potential** delegate interest as follows:

- Benton County (1 Finland)
- Clatsop County (1 Japan, 1 Finland)
- Coos County (1 Japan)
- Crook County (4 Japan)
- Deschutes County (1 Japan)
- Douglas County (1 Norway)
- Klamath County (2 Australia)
- Sherman County (1 Finland, 1 Japan)
- Umatilla County (1 Australia)
- Union County (1 Costa Rica)

### ***The application deadline for all programs is January 7, 2008 (postmarked by)***

In addition to completing all of the application materials, please remind any potential delegates of the following:

- Start NOW on getting a passport.
- Schedule an appointment with his/her doctor for sometime between January 23-30, 2008. The medical information for all accepted delegates will need to be completed during this time.
- Interviews for all of the outbound programs will be held during the week of January 14th. All selected delegates will be notified by January 22.
- **Youth applying to go to Japan only need to be selected through their state process (there is no maximum number for the delegation). Youth applying to go to any of the other countries will need to be selected by their state, and also be selected by a national committee (the other countries are only able to accept a maximum of 15-20 delegates from the United States). Potential delegates to all countries will want to put time and effort into their application materials!**
- Check the Youth and Young Adults in Action part of the website to see reports and photo stories from past delegates.

If you have any questions, please give me a call.

~ Lillian Larwood