

The Positive Youth Development Inventory (2008)

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Psychometric testing on the PYD Inventory has been conducted since 2004. The scales have been refined based on the results of the preliminary factor analysis, and the complete draft set of 5 scales is now finished. A two-week test-retest of reliability and additional analysis will be conducted with 48 middle school students in August 2008.

Competence Subscale (14 items)

Things I am good at...	Strongly disagree	Disagree	Agree	Strongly agree
1 I am a good student	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2 I take part in activities at my school	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3 I like to learn about new things	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4 I am a creative person	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5 I make good decisions	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6 I make friends easily	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7 I feel comfortable in social situations	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8 I can handle problems that come up in my life	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9 I can manage my emotions	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10 I can handle being disappointed	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11 I am aware of other people's needs in social situations	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12 I have goals for my life	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
13 I know what I want to do for a career	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
14 I am interested in learning about careers I could have	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Character Subscale (11 items)

Things that matter to me...	Strongly disagree	Disagree	Agree	Strongly agree
1 It is important for me to do the right thing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2 I try to do the right thing, even when I know that no one will know if I do or not.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Things that matter to me...		Strongly disagree	Disagree	Agree	Strongly agree
3	I think it is important for me to be a role model for others.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4	If I do the wrong thing, it doesn't matter unless someone finds out.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5	I don't always tell the truth if I can avoid getting in trouble.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6	It is important for me to do my best.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7	It is important that others can count on me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8	If I promise to do something I can be counted on to do it.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9	I am able to behave appropriately in most settings.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10	I am able to stand up to peer pressure when I feel something is not right to do	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11	I have people in my life whom I look up to and admire	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Connection Subscale (9 items)

The people in my life...		Strongly disagree	Disagree	Agree	Strongly agree
1	I have a wide circle of friends.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2	I think it is important to be involved with other people.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3	My friends care about me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4	I feel connected to my teachers.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5	Having friends is important to me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6	I feel connected to others in my community.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7	I have adults in my life who are interested in me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8	I feel connected to my parents	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9	My family eats dinner together most days of the week	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Caring Subscale (8 items)

How I feel about others...		Strongly disagree	Disagree	Agree	Strongly agree
1	When there is a need I offer assistance whenever I can.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2	It is easy for me to consider the feelings of others.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3	I care about how my decisions affect other people.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4	I try to encourage others when they are not as good at something as me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5	Other people's feelings matter to me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How I feel about others...		Strongly disagree	Disagree	Agree	Strongly agree
6	I can be counted on to help if someone needs me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7	I care about the feelings of my friends.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8	When one of my friends is hurting, I hurt too.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Contribution Subscale (7 items)

What I do for others...		Strongly disagree	Disagree	Agree	Strongly agree
1	I take an active role in my community.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2	I am someone who gives to benefit others.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3	I like to work with others to solve problems.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4	I have things I can offer to others.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5	I believe I can make a difference in the world.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6	I care about contributing to make the world a better place for everyone.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7	It is important for me to try and make a difference in the world.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Confidence Subscale (9 items)

Things I like about me...		Strongly disagree	Disagree	Agree	Strongly agree
1	I feel good about my scholastic ability	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2	I feel I am a good athlete	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3	I am satisfied with how I look	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4	I feel accepted by my friends	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5	In general, I think I am a worthy person	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6	I know how to behave well in different settings	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7	I can figure out right from wrong	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8	I have close friendships	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9	I can do things that make a difference	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

References

- Damon, W. (2004). What is positive youth development? *The Annals of The American Academy of Political and Social Science*, 591, 13-24.
- Lerner, R. M. (2004). *Liberty: Thriving and civic engagement among America's youth*. Thousand Oaks, CA: Sage.
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