

Pathways to Possibilities



OREGON 4-H YOUTH DEVELOPMENT PROGRAMS

November 2008 Newsletter

AG IN THE CLASSROOM

November 2008 Calendar Picture



Spencer B. ♦ Sixth Grade, Home School, Jefferson

You will find daily agricultural facts with student artwork on our website at <http://AITC.oregonstate.edu>.

The following are a few November 2008 Calendar Facts:

- ♦ American Indian Heritage Month
- ♦ Cranberries are native to North America.
- ♦ Abraham Lincoln signed legislation creating the U.S. Dept. of Agriculture.
- ♦ Wild turkeys can fly up to 55 miles per hour.
- ♦ Cranberries float, so some bogs are flooded for harvesting.
- ♦ Pumpkins were once recommended for removing freckles and curing snakebites.

Fall Harvest Dinner Is A Success

Heartfelt thanks to everyone who helped make the AITC's eight annual Fall Harvest Dinner a rousing success. More than 350 people attended the celebration of AITC, which earned over \$40,000 for the program. Additionally, 390 *Get Oregonized* books were purchased for Oregon classrooms. Pictures of the event can be seen on the AITC website.



Oregon State University President, Ed Ray and Betsy Hartley, Oregon State University College of Agricultural Sciences (left), and Doug Grott, Wilbur-Ellis, Co (right) look over the wide variety of silent auction items at the AITC Fall Harvest Dinner.

Tami Kerr, Executive Director

(541) 737-8629 <http://AITC.oregonstate.edu>

HORSE

Spring Horse Classic

Counties that wish to participate at Spring Horse Classic in either Horse Bowl or Hippology need to submit questions by January 15, 2009. Submissions need to include the questions, answers, and source (including page numbers). Sample questions may be found on the Spring Horse Classic page of the state website: <http://oregon.4h.oregonstate.edu/spring-horse-classic-0>

For Horse Bowl: each county needs to submit 10 regular questions from the 4-H Horse Project book (PNW 587) and one bonus question from any horse bowl source.

For Hippology: each county needs to submit 10 questions from any of the Horse Bowl sources. Five should be written, multiple-choice questions for the Examination Phase. Five should be visual questions for the Station Phase. (You do not need to send the actual visual.) Each county should also submit one idea for the Team Problem.

Questions can be sent to the state office by mail, fax or directly emailed to Roberta Lundeberg.

PUBLICATIONS

Now Available Online

The following publications are now available online at the EESC 4-H webpage:

4-H Pigeon and Dove Project (4-H 154) is available at the following URL:
<http://extension.oregonstate.edu/catalog/4h/4-h154.pdf>

4-H Knitting Member Guide ([4-H 960](#)) New. \$1.00. Available only online.

4-H Crocheting Project Member Guide ([4-H 962](#)) New. \$1.00. Available only online.

~ Helen Pease

RECOGNITION

Hall of Fame Banquet

The induction ceremony for the 2008 Oregon 4-H Hall of Fame will be held during the Recognition banquet at the OSU Extension Outreach and Engagement conference on **Wednesday, December 3**. Please plan on joining us at the banquet to help celebrate and recognize this year's honorees:

- Leonard Aplet, Oregon 4-H Foundation
- John Grimes, Polk County
- Francis and Myrtle Krouse, Jackson County
- Bruce Moos, Benton County and State Fair
- Sherm and Wanda Olsrud, Jackson County
- Jackie Shirley, Tillamook County
- Esther Taskerud, State 4-H Office

SCIENCE, ENGINEERING AND TECHNOLOGY

Free Materials Available Online!

The Educational Materials section of NASA's Web site offers classroom activities, educator guides, posters and other types of resources that are available for use in the classroom. Materials are listed by type, grade level and subject. Now available for downloading:

Adventures in Rocket Science Educator Guide -- Informal Education

This guide contains 25 activities designed for 4-H Clubs, Boys and Girls Clubs, Scouts, after-school programs, and other informal education venues. Participants learn about history and principles of rocketry and NASA's newest rockets. During these hands-on activities, participants also learn about Hero Engines, parachutes and surface area, altitude tracking, and Newton's Laws Of Motion. Learners can also build four types of rockets and two types of egg drops.

http://www.nasa.gov/audience/foreducators/topnav/materials/listbytype/Adventures_in_Rocket_Science.html

~ Virginia Bourdeau

STAFF DEVELOPMENT

Monthly Meet-Ups

The next montly meet up is scheduled for Weds, November 19, 10 to 11am.

STATE FAIR

4-H State Fair Board of Trustees Accepting Applications

The first meeting of the 4-H State Fair Board of Trustees has met this fall but we are still taking applications from both older youth/adult volunteer members and interested staff/agents. Polycom has made it so much easier for distant members to attend the meetings.

Some of the duties of a board member include:

- Provide leadership to review, evaluate and make recommendations for all aspects of 4-H State Fair
- Members volunteer actively during State Fair to assist the 4-H State Fair staff with set-up and take-down of the fair exhibits/shows. They answer questions at the information desk during fair as the fair visitors come to fair, they assist with contests/events and basically help in whatever areas they are most interested
- Committee members represent districts of the state so the lines of communication may be kept open between State Fair and the counties. Older youth serve a one year term and adults a three year term. There are also a few At-Large positions.
- Meeting are held twice a year to review the past fair in the fall and plan the coming fair in the spring
- Adult applications are due March 1. Youth representative applications were due September 30 but we will continue to take applications this year until March 1,
- Most of the group is made up of people who love fairs, enjoy working together to make the State Fair a good experience for the youth members and enjoy all aspects of working in the fair environment – too much fun to stay away!

Contact Mona Easley if you have questions. Application form:

<http://oregon.4h.oregonstate.edu/sites/default/files/StateCommitteeApplication07-8.pdf>

~ Mona Easley

New State Fair Food Contest

4-H Iron Chef Competition is a new opportunity for members to show their food preparation skills and creativity by working as a team of 2-3 members in a 4-H State Fair competition. Members of the team (which may come from one county or more if your county is small) will prepare at least two dishes that incorporate a mystery ingredient provided at the contest. A panel of judges will evaluate the final product for taste (10 points), plating (appearance of

presentation – 5 points) and originality and food safety (5 points). Teams may be made up of any intermediate or senior members who have participated in any county food contest.

Details for the 4-H Iron Chef Competition will be outlined on the State 4-H website. It will take place on Wednesday, August 24, 2009 in the Mini Meal kitchens in the 4-H Exhibit Building. The initial contest will have room for 8 teams. If more have submitted to compete at State Fair 4-H State will use a lottery to select those teams who will participate. Alternate teams will be named at that time so they may be prepared to compete if another team cancels.

Details on times and 2 possible mystery ingredients will be given to selected teams. Each team will prepare 2 plated courses (i.e. appetizer, soup, salad, main entrée, dessert). If a team has time to prepare a third food item it will be given bonus points. Each course must use the mystery ingredient which will be announced and given to the team just before entering the kitchen. Foods will be served when the timer rings after 60 minutes of preparation time.

Participants will have a total of 2 hours for the entire contest.

10 minutes – receive mystery food, move into kitchen, set-up

60 minutes – prepare the foods

30 minutes – serve the 3 judges, hear the judge's comments

20 minutes – clean kitchen and move out

VOLUNTEERS

Western Regional Leaders' Forum Denver

"Roundup in the Rockies" is the theme for the Western Regional Leaders' Forum which will be held in Denver, Colorado on February 25 – March 1, 2009. The workshop descriptions and registration materials have just been posted on the Colorado 4-H State website at:

<http://www.colorado4h.org/wrlf09/>

74 workshops will be offered in the 4 days of the Forum events. All day tours are available on Wednesday, February 25 to destinations like Winter Park for skiing or snow-boarding, Northern Colorado Agriculture Tour, Sites of Colorado Springs and Boulder Adventures. The same day will also offer Denver area bus tours to Denver Botanic Gardens, Cherokee Ranch and Castle Tour, Denver Fabrics Tour and Denver Butterfly Pavilion.

The keynote speaker is Dr. Audrey Nelson who is an internationally recognized trainer, key-note speaker and consultant who specializes in gender communication, conflict management, dealing with difficult people, communication skills and sexual harassment discrimination.

The Forum itself will feature a nice mix of educational workshops, guest speakers, talent show, and walking tours.

Registration may be done online using your credit card or by printing the registration form and mailing it with a check. If you have questions you may contact Marilyn Lesmeister or Mona.

~ Mona Easley

WORLD CITIZENSHIP

Oregon International Program Receives Award!

Congratulations to everyone in Oregon for the very successful year with both our inbound and outbound international exchange ambassador programs. We have received the following award for our efforts:

States' 4-H International Exchange Programs — Outstanding Quality Summer Programs.

Presented by the national committee in recognition of outstanding quality in both summer inbound and outbound international exchange/world citizenship programs (one of two states receiving this award).

Team members include: Lillian Larwood, Maggie Livesay, Tammy Skubinna, Elissa Wells, David White, Shana Withee, Sandra Carlson, Chris Names, Jed Smith, Venessa Klingensmith, Lorraine Rich, Judi Peters, Joan Bird, Sandy, and sixteen 4-H volunteer county coordinators.

2009 International Exchange Programs Application Materials and Complete Information

Complete information and application materials will be on the web site by November 3. Outbound opportunities are available to Japan, Finland, Australia, Costa Rica, and Mexico.

~ Lillian