



Parents, Families, and 4-H

Both children and their parents can learn in the 4-H program. A strong family is built by sharing together. 4-H can bring a family together to do a project that they all would like to learn. There are many 4-H projects, so there is sure to be one that appeals to any family.

Children do well when they have the support of their parents. Parents can help their child do well in 4-H by:

- Helping them get to all the meetings
- Learning along with their child by going to meetings and events together
- Giving praise for their child's progress and learning

Parents can also take part in 4-H by:

- Sharing their skills and what they know about the world with their child
- Attending the 4-H Club meetings
- Giving rides to meetings
- Bringing snacks for a 4-H meeting or hosting a meeting
- Finding other adults to help the 4-H Club
- Helping and cheering on their child
- Becoming a 4-H Leader

How to get parents to take part:

- Invite parents to attend all club meetings.
- Hold special meetings for parents.
- Include parents in special club events.
- Explain how parents can help.
- Give parents the details of how you'd like them to help. Be sure the help you ask for has value for the club.
- Explain to parents what adult leaders do.
- Thank parents for their help.

Members gain support when their parents take part in the 4-H program. They feel sure of themselves in a way they might not without their parents' there. Parents who take part in the 4-H program can feel they are doing something useful for their community and helpful for their own child and other children.