

Food Preparation Contest Foods of the Pacific Northwest

Read the "Food Preparation Contest" section of the State Fair Book for details.
(Note county quotas).

All food preparation contestants will be scheduled in advance.

Scheduling Due Dates:

- * Use Food Preparation Contest Scheduling Forms to determine times preferred by the participants and send requests to the State 4-H office **or** immediately after completion of your food preparation selection process.
- * Enter contest participants through Showorks and schedule date and time using scheduling form then send to Sara Miller at the State 4-H Office.
- * After August 28, **call:** 588-6962, Salem, 4-H State Fair Scheduling Office. The preferred method of scheduling is Showorks. Call only if the timing of your contest makes it absolutely necessary. Be sure to give us all the necessary information about possible conflicts. If scheduling is done by phone, the county office will be responsible for contacting each member with their scheduled date and time. Otherwise date(s) and time(s) scheduled will be sent by postcard to participant; emailed to each county office if scheduled by August 28.

Procedure:

- * Food Preparation Contest Scheduling Forms are located on State 4-H Web site. <http://oregon.4h.oregonstate.edu/resources/materials.html>
- * Make copies of Participant's Letter and Judge's Information Forms.
- * Scheduling will be within the days allocated for the Food Preparation Contest. August 28, 29, 30, September 2, 3, 4, 5 & 6. Have participant provide selected date and time before scheduling.
- * Select alternates for the contests when the county contest is held, so if the members chosen can not attend State Fair the alternates can get the information and attend instead. Please do this re-scheduling as early in the month of August as possible.
- * Times for participants will be assigned on a first come first served basis.
- * Send participant letter, Judge's Information Form, and contest pages from State Fair Book to each participant and their parents. **Participants will need to complete the "Judge's information Form" and bring it to give to the judge before beginning to prepare their food at State Fair. Do not send to the State Office.**

Mini-Meal Contest

Read the "Mini-Meals" section of the State Fair Book for details. (Note county quotas).

This information pertains to the following contests:

- * Food Preparation Mini-Meal
- * Food Preservation Mini-Meal

All contestants will be scheduled in advance.

Scheduling Due Dates:

- * Use Mini Meal Contest Scheduling Forms to determine times preferred by the participants and send requests to the State 4-H office **or** immediately after completion of your food preparation selection process. Use Showworks to enter participants and schedule date/time using Contest Scheduling form, send to Sara Miller in the State 4-H office.
- * After August 28, **Call:** 503-588-6962 Salem 4-H State Fair scheduling office. The preferred methods of scheduling is to do it electronically using the form. Call only if the timing of your contest makes it absolutely necessary. If scheduling is done by phone, the county office will be responsible for contacting each member with their scheduled date and time. Otherwise date(s) and time(s) will be sent by postcard to participant; emailed to each county office if scheduled by August 21.

Procedure:

- * Mini-Meal Scheduling Forms are on the State 4-H Web site
- * Make copies of Participant Letter and Judge's Information Forms from the following pages.
- * Have all participants fill out Mini-Meal Scheduling Forms (one form for each participant) giving complete information about possible time conflicts. Then send all scheduling requests electronically.
- * Scheduling will be within the days allocated for Mini Meal Contest. August 28, 29, 30, September 3, 4, 5 & 6.
- * Times for all participants will be assigned on a first come first served basis.
- * Select alternates for the contests when the county contest is held, so if the members chosen can not attend State Fair the alternates can get the information and attend instead. Please do this re-scheduling as early in the month of August as possible.
- * Send participant letter, Judge's Information Form, and pages from a State Fair Book to each participant and their parents. **Participants will need to complete the "Judge's Information**

Form" and bring it to give to the judge before beginning to prepare their foods at State Fair. Do not send to the State Office.

- * Send chaperon letter (in "Adult Supervision" section of this handbook) to the appropriate person attending State Fair with your participants.

Mini-Meal Contest Scheduling Form

<http://oregon.4h.oregonstate.edu/fair-exhibit-and-contest-materials>

To: Participants in the State Fair 4-H Food Preparation (Foods of Pacific NW) and Mini Meals Contests

From: Sara Miller
OSU/4-H Youth Development Program Coordinator

Congratulations on being selected to participate in the State Fair! The first step is scheduling a time and date. Contests are only held on certain days and scheduled on a first come first served basis. **Your county office schedules your first and second choices with the State 4-H office.** Talk to your county office right away about how to do this (each county does it a little bit different). Available dates are: August 28, 29, 30, September 3, 4, 5, & 6.

After your date is scheduled with the state office you will receive a postcard notifying you of your scheduled time and date. Your county office will provide you with admission pass(es) for the days of your contests. **If you need to change your date/time or decide not to participate it is very important that you let us know right away.**

All contests are held at the State Fairgrounds in the 4-H Exhibit building (#11 on State Fair map). Parking at the State Fair is free, which means you don't have to deal with permits however that also means parking is at a premium, there are not enough spots for everyone. Especially if your contest is in the middle of the day, give yourself lots of time and be prepared for traffic. You can unload/drop off your supplies through the *yellow gate* off of Silverton Road behind the 4-H exhibit building but must park your car in normal parking areas. Check the state 4-H website prior to coming for specific details regarding this process before coming to the fair.

Remember:



You must provide all ingredients and equipment except range/oven, microwave, and refrigerator.



Read the state fair food preparation section before coming to the state contest. Rules may be slightly different then your county and you are responsible for knowing and following them. They are posted online at <http://oregon.4h.oregonstate.edu/sites/default/files/ContestsFoodPrep09.pdf>



Make sure you bring correct judges forms with you. Mini meal judges forms can be found at:

http://oregon.4h.oregonstate.edu/sites/default/files/mini_meal_information_form.pdf

Judges forms for the food prep contest are at:

http://oregon.4h.oregonstate.edu/sites/default/files/mini_meal_information_form.pdf



If you have any questions about the state contest please ask (email: sara.miller@oregonstate.edu), we want this to be a great experience for everyone involved.