



# 4-H Volunteer Role Description

(Volunteer – 1 copy OSU Extension Office – 1 copy)

**Volunteer Role (Title or Purpose)** \_\_\_\_\_

**Volunteer Time Requested**

\_\_\_\_\_ Hour(s)      \_\_\_\_\_ Day(s)      \_\_\_\_\_ Week(s)      \_\_\_\_\_ Month(s)      \_\_\_\_\_ Year(s)

\_\_\_\_\_ Other, describe: \_\_\_\_\_

**Overall Qualifications for a 4-H Volunteer**

1. Keep participants safe.
2. Be intentional about providing positive youth development and education.
3. Work cooperatively with OSU Extension staff, youth, volunteers, and families.
4. Be guided by the Essential Elements of 4-H, which are to provide educational opportunities for youth to:  
***BELONG in groups***                      ***Learn SKILLS***                      ***Be GENEROUS***                      ***Practice INDEPENDENCE***
5. Help young people be involved in all types of decision-making, at all ages.
6. Be willing to stay informed and model life-long learning.

**This Volunteer Role Will Work With...**

_____ Youth in 1 club / group	_____ Adults in 1 club / group	_____ Youth and adults
_____ Youth county-wide	_____ Adults county-wide	_____ State-wide: _____
_____ Youth, other: _____	_____ Adults, other: _____	Other, describe: _____

**Volunteer Responsibilities and/or Duties**

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

**Volunteer Skills or Qualifications for Role**

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

**Supervisor's Name** \_\_\_\_\_ (staff or volunteer), designated by OSU Extension Office.

**Address** \_\_\_\_\_

**Phone Number(s)** \_\_\_\_\_

**E-Mail** \_\_\_\_\_

**Others Who May Support this Volunteer Role**

\_\_\_\_\_



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## Resources/Assistance Available

- Workshops provided by county Extension staff and others \_\_\_\_\_
- Project leader guides, member manuals and other 4-H materials \_\_\_\_\_
- Project resource leaders and local resource people \_\_\_\_\_
- County 4-H Leaders' Association or Council \_\_\_\_\_
- Experienced leaders and older youth \_\_\_\_\_
- Resources in the community \_\_\_\_\_
- Other, describe: \_\_\_\_\_
- Other, describe: \_\_\_\_\_
- Other, describe: \_\_\_\_\_

## Benefits to a 4-H Volunteer

- Watching others, grow, adapt, and learn.
- Making positive contributions to youth, families, community, and state.
- Feeling the rewards of sharing your skills, knowledge, and time.
- Being recognized by the local and/or state 4-H program for your contributions.
- Developing lifelong friendships.
- Enhancing personal skills and/or potential career options.
- Other, describe: \_\_\_\_\_
- Other, describe: \_\_\_\_\_
- Other, describe: \_\_\_\_\_

## NOTES:

### **The 4-H Pledge**

*I pledge...*  
*My Head to clearer thinking,*  
*My Heart to greater loyalty,*  
*My Hands to larger service,*  
*My Health to better living,*  
*For my club, my community,*  
*my country, and my world.*



Developed/revised by: M. Lesmeister, 2011

*Agriculture, Family and Community Development, 4-H Youth, Forestry, and Extension Sea Grant programs. Oregon State University, United States Department of Agriculture, and Oregon counties cooperating. The Extension Service offers its programs and materials equally to all people.*