

Pathways to Possibilities

OREGON 4-H YOUTH DEVELOPMENT PROGRAMS

Oregon 4-H Newsletter ~ January 2012

Calendar

January 2012

- January 1: Application Deadline for [4-H Foundation Grants](#)
- January 1: FITA Indoor, Oregon 4-H Mail-in Archery Tournament
- January 9: Application deadline (postmarked by)—[ALL 4-H International Exchange Outbound Programs](#)
- January 12 - 15: [Western Regional Leaders Forum](#), Cheyenne, WY
- January 15: Deadline for submitting Horse Bowl and Hippology questions for Spring Horse Classic.
- January 15: Application deadline for Mongolia 4-H Exchange Program—Tentative

February 2012

- February 1: Essays for [National 4-H Beekeeping Essay contest](#) due
- February 1: NFAA Field, Oregon 4-H Mail-in Archery Tournament
- February 15: Applications due for hosting 4-H Exchange Delegates from Finland and possibly Argentina

March 2012

- March 1: [Applications for State 4-H Scholarships](#) and for [State 4-H Fair Scholarships](#) due
- March 1: Applications for [State Awards in Leadership, Citizenship, Communication and Team Community Service](#) due.
- March 1: Applications for [National 4-H Congress](#) due
- March 1: Oregon 4-H [Hall of Fame](#) nominations due
- March 1: Application Deadline for [4-H Foundation Grants](#)
- March 1: Novelty Animal, Oregon 4-H Mail-in Archery Tournament
- March 2 - 4: Oregon 4-H Master Shooting Sports Leader Training, Klamath Falls
- March 5: State Horse Advisory meeting, Corvallis
- March 5 - 9: FCH & 4-H Spring conference, Wilsonville
- March 15-16: State 4-H Recognition Committee Meeting
- March 16-17: State Coordinator and Staff Training/[4-H International Exchange Programs](#)
- March 24 - 29: [National 4-H Conference](#) – Washington, D.C.
- March 28 - 30: [Activate Oregon 2012 State Retreat](#)
- March 30 - April 1: [Camp Leadership Conference](#)

For more 2011-2012 calendar events go to <http://oregon.4h.oregonstate.edu/calendar>

ANIMAL SCIENCE

2012 State Dairy Judging Contest

Please pass this information to those interested in participating

Date:	Monday, May 7, 2012
Registration time:	1:00 pm
Contest start time:	2:00 pm
Location:	Oregon State University Dairy Center 4490 Harrison St. Corvallis, OR 97331
Cost:	\$5.00 per participant

The contest will be conducted by the OSU judging club and is expected to be concluded between 5:00 and 5:30 pm. Classes will consist of live animals (placing) and oral reasons. The top 10 individual senior members will be eligible to try out for the state team which will represent Oregon at the World Dairy Expo, Madison, WI next fall.

You may enter an unlimited number of individuals. Awards will be provided for the top 10 individuals, Champion and Reserve Champion Individual, and Champion and Reserve Champion Teams. If you are unable to enter a team, you may combine a team with another county, providing each county agent indicates that on the registration form. Registration materials will be sent to county offices in March.

~ Vicki Avery

FOODS AND NUTRITION

Food Hero

Our colleagues in FCH launched "Food Hero" marketing efforts over the holidays. Food Hero is an initiative of the Oregon Supplemental Nutrition Assistance Program –Education (SNAP-Ed). This effort launched a great website that you might want to share with your 4-H Foods volunteer leaders, members and their families. There are many great recipes to try, kid friendly ideas, food safety tips, and other tips for making healthy eating choices. Check it out at: <https://www.foodhero.org>

Foods and Nutrition/Food Preservation Volunteers, Judges, and Staff Training in Fall-2012

Training dates and locations are being finalized for the fall of 2012. An email will soon be finding its way to your desk with these details.

~ Pamela Rose

PROFESSIONAL DEVELOPMENT

Monthly Meet-Ups

The next monthly meet up is scheduled for Weds, January 18, at 9 am. This meeting will be held via webinar; instructions on how to attend will be emailed to counties.

PUBLICATIONS

Opportunities for 4-H Members (4-H 0275L) has been **revised** and is now available online only at <http://ir.library.oregonstate.edu/xmlui/bitstream/handle/1957/26137/4-h0275l.pdf>

Opportunities and Resources for 4-H Adult Volunteers (4-H 0276L) has been **revised** and is now available online only at
: <http://ir.library.oregonstate.edu/xmlui/bitstream/handle/1957/26138/4-h0276l.pdf>

Adjustable Cameras (4-H 773) has been declared out of print

RECOGNITION

4-H Beekeeping Essay Contest

Essays due in the State 4-H office by **February 1, 2012**

The 4-H Beekeeping Essay is a great opportunity for 4-H members to research and write about honey bees. Cash prizes of \$750, \$500 and \$250 will be awarded to the 3 top National winners. The essay theme for 2012 is "*The Results of Honey Bee Pollination in my Community*". Contest details are located at <http://oregon.4h.oregonstate.edu/4h-beekeeping-essay-contest>

4-H members can also use the information they gather to make an educational display for the fair. Essay contestants are not required to be enrolled in a 4-H beekeeping project.

Hall of Fame Nominations

The Hall of Fame nominations are due **March 1, 2012**. This is your opportunity to nominate a volunteer or former faculty member who has made a significant impact on the Oregon 4-H program, its members or leaders. Nomination forms are at <http://oregon.4h.oregonstate.edu/oregon-4h-hall-fame-0>

National 4-H Congress Applications due March 1

Member applications for National 4-H Congress need to be forwarded by counties to the State 4-H office by **March 1, 2012**. Applications are located at <http://oregon.4h.oregonstate.edu/the-state-4h-resume> In mid-March the State Recognition committee will select the Congress finalists who will be interviewed during 4-H Summer Conference in late June.

National 4-H Congress Fundraising Efforts Are Underway!

Many Congress delegates describe attending this event as the highlight of their 4-H career. Unfortunately, over the past few years, the number of Oregon delegates we have been able to send to National 4-H Congress has decreased dramatically. In 2004 we sent a group of 27 youth; in 2011 we could afford to send only 14.

Please keep National 4-H Congress in mind when sending out newsletters, discussing Leader's Association budgets, or if you are contacted by a private donor. We are hoping to send a delegation of at least 20 youth in 2012; so our **fundraising goal is \$32,000**. Please help keep alive the tradition of giving our outstanding Oregon youth this wonderful opportunity in 2012.

[Donate today!!!!](#)

State 4-H Awards Applications due March 1

Applications due in the State 4-H office, and must include the [nomination form](#), signed by county 4-H agent. Note that eligibility for State 4-H Awards in Citizenship, Communication and Leadership are ONLY for Intermediate members (grades 7 – 9).

~ Helen Pease

SUMMER CONFERENCE

2012 Flyer Now Available!

Check out the [new flyer](#) advertising Summer Conference. We hope you will encourage youth in the 7th – 12th grades to attend this fun and educational experience!

T-shirt Design Contest

It's time again for our annual OSU Summer Conference T-shirt design contest! For all of you creative 4-H members out there, why not test out your graphic design skills? If your design is selected, you will receive a reduced rate on your OSU Summer Conference registration.

Guidelines for the Contest:

- T-shirt design is to include the theme of "Choose Your Adventure."
- Design must be created and submitted electronically to the email address below
- Design should include no more than three colors
- When you submit your design, please include your first and last name and phone number in your email message

T-Shirts designs are due by Friday, March 9th and should be sent to Pam Lundeberg at lundebep@onid.orst.edu. If you have any questions, please contact Pam Lundeberg by e-mail or by phone at (541)602-1476.

Good luck! Get creative!

WORLD CITIZENSHIP

If you are getting questions from families related to the 4-H international exchange opportunities in 2012, please note the following information that you may share with them at this time.

Upcoming Dates

January 9, 2012: Outbound application (all countries) deadline (must be postmarked by)

January 15, 2012: Applications due to Wyoming for the outbound Mongolia program

February 15, 2012: Host family applications due for potentially hosting delegates from Finland or Argentina

March 16-17, 2012: Statewide Coordinator Training for 4-H International Programs

**April 21, 2012: Outbound Orientation (required for all delegates and at least one parent)—
Location TBA**

2012 Outbound information and application materials are now available!!

Complete information is now online at: <http://oregon.4h.oregonstate.edu/4h-world-citizenship-project-international-exchange-programs> Country options for 2012 are Australia, Japan, and Norway. Please note that the application deadline is January 9, 2012 (postmarked by)

Hosting This Summer —Delegates from Finland or Argentina

- There will be **potential** hosting opportunities for Oregon families during the month of July with delegates from Finland and Argentina.
- Complete details will be on the 4-H website at: <http://oregon.4h.oregonstate.edu/node>. Go to the first page of the Oregon 4-H web site, click on "Things to Do", then click on "Travel Abroad/International Exchanges". Click on exchange program information and then look under Inbound Ambassador Programs.
- Delegates from Finland and Argentina will be matched with host families nationally.

Interested host families need to have all of the application materials completed and sent to the State 4-H Office by February 15, 2012.

The website information is now accurate related to OUTBOUND program opportunities for the 2012 program. The information/forms related to inbound programs are now available—electronic Host Family form should be available in mid-January.

Training Scheduled

Training for faculty, staff and volunteers (county coordinators) related to 2012 International exchange programs is scheduled for **March 16-17, 2012**. Training location is Hilton Garden Inn in Lake Oswego/Portland. I would like to encourage you to attend this opportunity to gain the latest information and insights into youth from your county participating on an international exchange program, and families in your county hosting delegates from other countries. Most costs for the training are covered by the program. [Additional details related to the training will be available in mid-January.](#)

American Youth Leadership Program with Mongolia—Enhancing Global Perspectives: Only a Month until the Application Deadline

Please help by getting the word out about the following opportunity!!

For a second year, this exchange will offer approximately 29 youth and 5 adults the opportunity to explore the vast historical and cultural traditions of Mongolia in a four week exchange program beginning mid June and ending mid July, 2012.

Youth applicants must....

- Be at least 15 years old and not older than 17 years old by the trip departure date (approximately June 21, 2012).
- Have at least one semester of high school left following the trip
- Have parents/guardians permission to participate in the entire program, including orientations and post-program activities
- Participate in pre-trip orientation, May 17- 20, 2012 at the University of Wyoming in Laramie
- Have an interest in environmental issues around water quality, renewable resources and land reclamation/restoration
- Have an interest in learning about Mongolian history and culture
- **Submit a complete application no later than January 15, 2012**
- Participate in a web based interview
- Upon selection, participants will be asked to complete a medical information and behavior agreement form
- Be a U.S. Citizen

Cost...

- The U.S. Department of State, Bureau of Educational and Cultural Affairs, will cover most of the cost for this experience. Please visit the website listed below for additional information related to costs for participants.

Adult Participants (chaperones)...

- Please visit the website listed below for complete details related to adult participants.

Program brochure additional information and application forms...

http://www.uwyo.edu/4-h/things_to_do/mongolia.html

The applications are in a fill-able adobe format so make sure you have the latest version of adobe reader – you can find the latest version here: <http://get.adobe.com/reader/>

***(Applications will be submitted directly to the University of Wyoming
PLEASE also send a copy of your application to Lillian Larwood)***

This exchange program is sponsored by the U.S. Department of State, Bureau of Educational and Cultural Affairs and is administered by the University of Wyoming, 4-H Youth Development Program.

~ Lillian Larwood