

**4-H Outdoor Skills Rendezvous (OSR)**  
**July 20-24, 2010**  
**\*\* For Youth Entering Grades 9-12 or**  
**Having Just Completed Their Senior Year in High School**  
**OSR Topic Request Form**

Participant Name: \_\_\_\_\_

Date: \_\_\_\_\_

**Instructions for Requesting OSR Topics**

Please rank **all** the Outdoor Skill Rendezvous classes listed below, 1 through 9, with 1 being your first choice. Each participant will attend three OSR classes while attending the 4-H OSR. Every effort will be made to give participants three of their top choices. Class changes may occur due to situations beyond the control of the 4-H Outdoor Skills Rendezvous.

**Shooting Sports Disciplines-** One sound way to make sure firearms and archery remain part of the American folkway is to promote the highest levels of safety, sportsmanship, and ethical behavior. OSR participants will enhance their self-concept, character, and personal growth through safe, educational, and socially acceptable involvement in shooting sports activities. OSR participants will be taught safe and responsible use of firearms and archery equipment through sound decision making, self-discipline, and concentration.

\_\_\_\_\_ Archery

\_\_\_\_\_ Pistol

\_\_\_\_\_ Rifle

\_\_\_\_\_ Shotgun

**Sport Fishing and Aquatic Ecology-** Youth engaged in sport fishing learn fisheries resource stewardship, fishing ethics, casting techniques, tackle crafting, rod building, and much more. They become part of an American folkway.

\_\_\_\_\_ Rod Building and Casting Techniques

\_\_\_\_\_ Tackle Crafting and Aquatic Ecosystems (what fish eat and where fish are found)

**Outdoor Survival-** Do you like to hunt, backpack, hike, cross country ski, snowshoe, or any other outdoor recreation? If the unthinkable happened, do you have the skills to survive in the wilderness? If injured, do you have the necessary skills to treat the injury when professional help is delayed or not coming? This session covers preparing for an outing, orienteering, food safety, meal selection and preparation, and wilderness survival and first aid.

\_\_\_\_\_ Outdoor Survival

**Outdoor Cooking-** Cooking meals out-of-doors requires some slightly different rules and equipment from that encountered in the home kitchen. The joy of outdoor cooking is not in the eating alone. The activity itself can be enjoyable with some meal planning and good preparation techniques. Learn to become more than a camp cook. Learn to become an outdoor chef.

\_\_\_\_\_ Outdoor Cooking

**Challenge and Adventure-** Youth actively seek sensation through experiences that engage their minds, bodies, and spirits in multiple ways. They willingly take physical, intellectual, psychological, and social risks to experience these strong and powerful feelings. The personal and team building activities associated with Challenge and Adventure utilize perceived risk to channel sensation seeking in meaningful and productive ways.

\_\_\_\_\_ Challenge and Adventure

Oregon State University Extension Service offers educational programs, activities, and materials- without regard to race, color, religion, sex, sexual orientation, national origin, age, marital status, disability, and disabled veteran or Vietnam-era veteran status—as required by Title VI of the Civil Rights Act of 1964, Title IX of the Education Amendments of 1972, and Section 504 of the Rehabilitation Act of 1973. Oregon State University is an Equal Opportunity Employer.