Indicators of Thriving: Prosocial Behavior and Transcendent Awareness

4-H PYD Learning Circle Session Six

Webinar Presentation: Tuesday April 18, 2017, 9am to 10am

This month we continue our exploration of the thriving indicators articulated in the 4-H program model as we consider the role of prosocial behavior and transcendent awareness in adolescent thriving. In this session, we will look at the complex world of prosocial development in youth, and zero in on social learning theory as an important aspect of promoting prosocial behavior. We will also hear from Dr. Pamela Ebstyne King about the connection between PYD and transcendent awareness as we explore the connection between spirituality, PYD, moral development and purpose in youth development.

Learning Outcomes

In this session participants will:

- Become familiar with the thriving indicators of prosocial behavior and transcendent awareness
- Understand social cognitive learning theory and the role it plays in prosocial development
- Understand the place of spiritual development in human development, and as an important aspect of positive youth development
- Explore the connection between transcendence, prosocial behavior, and moral development in youth
- Learn how prosocial and transcendent development lead to purpose and meaning in a young person’s life
- Explores ways that the 4-H program can promote prosocial behavior and transcendence in youth
- Understand how these thriving indicators are “operationalized” for research
- Learn how the two indicators presented today are measured in the Impact of 4-H on Adolescent Thriving Study

Assigned Reading


**Optional Reading**

**Application Assignment**
- This month we focused on the second set of thriving indicators “prosocial behavior” and “transcendent awareness.” Think about and share your understanding of the two indicators and share ways that you can use what you learned to strengthen the PYD impact of your programs.
- Plan and host a learning session with volunteers to teach ways in which leaders can promote these thriving indicators in their 4-H programs.

**Reflection**
- Post your responses to the above questions on the Facebook page. Respond to each other’s postings to share with and learn from each other.
- Post questions and other reflections that you have about this month’s topic. Read and respond to these posts to learn from each other.
- Share the ways you are using what you are learning in the learning circle