

"Foods of the Pacific Northwest" Judge's Information Form

One food product chosen from:

- Division: Intermediate Fruit or Vegetable dish Dairy product
 Senior Salad Yeast product
 Sandwich Main dish
 Grain product

Your name _____ County _____

Name of Recipe _____

List of Ingredients and Amounts	Estimated Cost (market prices)
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$

	Total Cost: \$
	Number of Servings:
Recipe Directions:	Cost Per Serving: \$
	(Total cost divided by number of servings)

Continue on back of page if necessary

Menu(s)

Intermediates: Plan a menu for one meal in which the food you are preparing might be served. Identify each food on the menu by food group.

Seniors: Plan menus for three meals during a day the food you are preparing might be served. Identify each food on the menu by food group.

Food Group	Menu

Food Group	Menu

Food Group	Menu